

# Acts of Chesed

Jewish Family Service is many things to many in the community. We are a food pantry, a ride service to doctor's appointments, a counseling program, a holiday resource for Chanukah and Rosh Hashanah, a place to call for financial assistance, and much more.

For some we are a last resort as the court must step in to give them a second chance at life. In these cases Jewish Family Service's Personal Affairs Management program becomes their appointed guardian.

JFS was appointed Cassie's guardian when she was admittedly at her lowest point. She had hit rock bottom and had succumbed to a life of drugs and despair. "I used to be in the negative, nowhere to go, no hope," Cassie explained. Cassie met her JFS guardian representative 12 years ago and together they changed her life.

At this past year's client holiday party (which was so generously hosted by Cinema Cafe and sponsored by Altmeyer Funeral Home), Cassie got to see her first movie in a theater in years. She stopped me to tell me how excited she was and how much it meant to her to be in that theater. "This is a wonderful program. No one treats us like you treat us. No other program takes us out and lets us experience things. You always think of us and treat us so good."

Cassie's life was never easy but she says these last 12 years have been the best she has had. Through a huge smile she said, "I have made a total turnaround. I left all of my old things behind. I used to do so many drugs and I am clean and happy now. I am progressing not regressing!"

Cassie's guardian representative sat beside her in the theater and told her how proud of her she is. Cassie looked up and said, "I am so proud of me too! That could have been my last hit at any time but I live to see another day. I am a survivor!"

Cassie still needs JFS as her guardian but we are so pleased with her progress and the hope she carries everyday. Cassie's life is forever changed and she is a productive member of our community. She has so much life left and JFS will be there for her every step of the way.

*\*Pseudonym*

Your support to JFS helps us continue this life-changing work. To make a donation, please visit our website at [www.jfshamptonroads.org](http://www.jfshamptonroads.org) or contact Brooke Rush, Director of Development at 757-321-2238



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- Linda Samuel
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### Our Mission

To provide a full spectrum of services that promotes quality of life within the philosophy and tradition of Judaism.

# JFS 66th Biennial Meeting



Outgoing President Anne Kramer and Immediate past President Ellen Rosenblum welcome Scott Flax as the new JFS Board President.



Scott Flax adjourns his first meeting as JFS Board President.



Altmeyer Funeral Home is awarded the Community Partner Award.



Dr. Barbara Parks is awarded the Distinguished Service Award.

## NEW UPDATES

**Jewish Family Service  
of Tidewater  
Clinical Department**  
is now ...



*Embrace Counseling has moved to*  
**260 Grayson Road Suite 200, Virginia Beach, VA 23462**

*Call 757-459-4640 for more information*



Another successful year of Run, Roll, or Stroll on May 7th at 31st Street Park!

Thank you to all who attended, sponsored, and volunteered to make the day so great!



**THANK YOU TO OUR  
19TH ANNUAL**



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Jewish Family Service of Tidewater

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Virginia Beach, VA 23462

*On the Reba and Sam Sandler Family Campus  
of the Tidewater Jewish Community*

Administration: 757-321-2222

Counseling: 757-459-4640

Personal Affairs Management: 757-938-9130

[www.jfshamptonroads.org](http://www.jfshamptonroads.org)

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**DID YOU KNOW?**

This year JFS has  
already provided 188  
trips for senior adults  
for medical  
appointments

A Newsletter for the JFS Family - Summer 2023

# Family Matters



Jewish Family Service of Tidewater

